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An Overview of the Most Important Medicinal Plants Used in Iranian Traditional Medicine for the Treatment of Kidney Stones: A mini-review article [Edit] [Profile]

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Abstract: (1261 Views)

Urinary stones are hard objects that form in different areas such as the pelvis, urethra or bladder. Its prevalence is influenced by geographical, racial and ethnic changes, lifestyle changes and other factors. Medicinal plants have beneficial effects on human health due to their active ingredients and medicinal and antioxidant compounds. In this review study, the most important medicinal plants affecting kidney stones are reviewed and reported based on reliable sources and manuscripts of traditional Iranian medicine. For this purpose, for this review study, the sources of the most important books of traditional medicine were used. Sources and books used include Al-Abnieh An Haghayegh Al-Advieh by Abu Mansour Heravi, The Canon of Medicine Ibn Sina, Tazkaratol ololalbab, Aljameolaajab of Davoud Antaki, Tohfatol almoemenin of Hakim MoemenTonekaboni, Mokhzanol Aladvieh of Hakim Mohammadhossein Aghili, Alhavi of Zakariaye Razi and Makhzanol Advieh of Mohammadhossein AghiliAlavi Khorasani were the master of medicine.The results showed that medicinal plants such as Feverfew, Chickpea, Bindii, Grape leaves, Lithospermum off, Carumcopticum, Matricaria recutita, Grape, Prunus species, Ferula persica, Apium graveolens, Nigella sativa, Peucedanum officinalis, Allium sativum, Centaurea cyan, Brassica rapa, Armenica vulgaris, Cucumber, Atriplex hortensis, Cucurbita maxima, Zingiber zerumbet, Arnebia euchroma and Origanum majorana are the most important medicinal plants used in traditional Iranian medicine for the treatment of kidney stones.

Keywords: Kidney, Kidneystones, Medicinal plants, Traditional medicine, Iran

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