Herbal Plants for Heart Diseases

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Abstract

Cardiovascular diseases represent significant health risk factors and they are major contributors to the global deaths and chronic illness/disability. For the treatment of cardiovascular disease, chemical and herbal medication are used. Herbal remedies used to treat heart disorders include Carum carvi L., Echium amoenum Fisch. & C.A.Mey., Citrus auranti floria, Zataria multiflora Boiss., Teucrium polium L., Zingiber officinale Roscoe, Falcaria vulgaris Bernh., Cynodon dactylon (L.) Pers., Vitis vinierea L., Glycyrrhiza glabra L., Artemisia absinthium L., Ziziphus spina-christi (L.) Desf. and Falcaria vulgaris Bernh., which are of the most important products affecting cardiovascular disorders.

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Vitis vinifera L., Glycyrrhiza glabra L., Artemisia absinthium L., Ziziphus spina-christi (L.) Desf. and Falcaria vulgaris Bernh, as one of the most important products affecting cardiovascular disorders. Because of having functional groups, active ingredients and antioxidants properties, medicinal herbs are used in the treatment of several diseases. These products are made up of effective compounds that have therapeutic effects against diseases, and they can relieve and cure complications, by certain mechanisms.

Authors’ contribution

All authors contributed equally to the manuscript.

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References


